



THE ADVENT SCHOOL
FIRELESS COOKING COMPETITION- CLASS 3 TO 7

18th Sept. 2023

Dear Parents,
 Greetings!

1. Cooking is an art of making food delicious by adding ingredients in right proportion. In order to make our students independent when it comes to satisfying their hunger, a **Fireless Cooking Competition** is being organized for the students of **Classes 3 to 7** on **Friday, 29th September 2023**.
2. **The details of the competition are as follows-**
 - ❖ Students can prepare any dish which is possible to be prepared without fire like sandwiches/ any dessert/ snack item.
 - ❖ Dishes must be purely vegetarian.
 - ❖ All required ingredients, food items, cutlery, apron, chef cap and other garnishing have to be brought by the participants from home.
 - ❖ All students will be given maximum 1 hour time to prepare and present the dish during the competition.
 - ❖ Students should try to prepare healthy dishes with nutritional value using easy and quick recipes.
3. **Students will be judged on the basis of following criteria-**
 - Neatness
 - Nutritional Value
 - Blending of different ingredients
 - Taste of the dish
 - Presentation of the dish
4. The best 3 dishes from each class will be awarded with Merit Certificates after the Competition and all other participants will be given participation certificates during PTM on 7th October 2023.
5. ***Interested students have to confirm regarding their participation to respective Class Teachers before Monday, 25th September 2023.***

Regards,
PRINCIPAL